

Latham House Medical Practice Patient Reference Group

MINUTES OF MEETING

Meeting	LHMP PRG	Date	8 May 2025
		Time	10:30hrs
Location Zoom Meetings			
Present			
Jane Horn (JH) (Chair)		Duncan Sidwell (DS)	
Angie Phillips (AP) (LHMP representative)		Elizabeth Draper (ED)	
Mike Kitching (MK) (Secretary)		Julia Hawley (JHa)	

ITEM	DISCUSSION	ACTION
1.	<p>Apologies and Welcome</p> <ul style="list-style-type: none"> a) Apologies were received from Melanie Byrne, Healthy Active Communities (MBC), Pip Alnatt. b) Louise Finn has resigned from the PRG due to other commitments. The chair will write to Louise and thank her for all her help and hope that she might be able to rejoin in the future. 	JH
2.	<p>Council Update – Pip Alnatt</p> <ul style="list-style-type: none"> a) Unfortunately, PA was unable to attend today’s meeting and sent his apologies. b) The additional doctors' practice. <ul style="list-style-type: none"> a. We have been given to understand that there have been various approaches and discussions with potential existing practises. b. If that includes "Latham House" then that is well and good. c. But of course, the council has no locus in the ICB's choice and approval of any particular practice. d. Our role is providing a suitable location and agreeing the financial package and tenancy arrangements from our perspective. e. From our perspective making part of Phoenix House available is financially viable and practical. f. We are actively preparing for changes there anyway. g. We are in a position to accelerate that work as soon as we get a green light from the ICB. h. The announcement this week by the Secretary of state around additional funding for improvements to existing GP practise buildings etc is timely because I am meeting with our MP on Friday and will be pressing both of them for direct intervention in our local need. i. The current timescale for a decision is the end of the year. c) Local government reorganization (LGR). <ul style="list-style-type: none"> a. I have been asked if this will affect NHS and the second GP practice. b. For the latter the answer is no because the time scales are different. c. LGR will take three years. d. More broadly the choices for LGR including the "regional authority with a mayor" must take account of NHS, Police and other agents' boundaries and collaborative working. e. We do consult them on the changes. 	

	<p>f. For additional funding for local NHS needs from "planning gain" through "section 106" agreements.</p> <p>g. this will continue, we believe..</p> <p>h. So, new housing will bring a small contribution.</p> <p>i. But remember this simply increases the sale price of new houses.</p> <p>j. For education and roads alone, this can be as much as £30,000 per house on average.</p> <p>d) Recent County Council elections.</p> <p>a. I have been asked about the impact of the results on NHS locally.</p> <p>b. The simple answer is none. However, for your information, as Leader of the Borough Council I see it as my duty to try to work with anyone who is democratically elected for the common good.</p> <p>c. To this end I have already arranged to meet our new local County Councillors to appraise them of the facts.</p> <p>d. This will include about primary care in Melton, GP practises, the birthing unit, our work with mental health at the Cattle Market and so on.</p> <p>e. On the whole I prefer to take the "glass half full approach".</p> <p>e) The members thanked PA for his report.</p>	
<p>3. Practice Update – Angie Philips</p>	<p>a) Staff</p> <p>Off to pastures new. Wishing those leaving us all the very best in their future endeavours:</p> <p>a. Dr Liz Loughridge – GP Partner – 31 March</p> <p>b. Jo Brewis -Practice Nursing Team – 01 April</p> <p>c. Kerry Eaves- Head of Clinical Services- 10 April.</p> <p>d. Moira Downing – Practice Nurse - 31 May</p> <p>e. Dr Oxana Iwanskyj – GP -11 June</p> <p>Welcome to our new starters. We are delighted to welcome the following new starters to our Practice.</p> <p>a. Khadra Aaden –Student nurse- 01 April until 09 May. Khadra’s mentor will be Sister Ellie Rennie.</p> <p>b. Dr Rose Cherayath - ST1 Registrar – 02 April until 05 August</p> <p>c. Hannah Gillespie, Scripts Clerk -7 April.</p> <p>d. Jo Brewis, Practice Nurse -14 Apr – she’s coming back! 😊</p> <p>e. Renata Da Cruz- Practice Nurse- 19 May</p> <p>f. Q. Is there a theme around the difficulty in recruiting good (for the practice) GP’s? A. It has been quite difficult to recruit since Covid until recently. There are lots of applicants now but in the last round, none were suitable for the practice.</p> <p>b) Congratulations.</p> <p>a. Dr Sakshi Sadhu wins award in GP Rising Star celebration! Sakshi was recently shortlisted for the LLR LMC rising star and was awarded runner up for the “GP Rising Star” category on 11 March..</p> <p>b. Dr Stephen Waddingham and his partner announce the birth of their baby girl, Harriet Annabelle Waddingham, born on Sunday 09 March weighing 3.63kg!</p> <p>c) Fundraising.</p> <p>a. Please support our facilities manager and his sponsored walk:</p> <p>i. On Saturday May 31st starting in Grantham at 06.00</p> <p>ii. We are raising funds for the Lincolnshire and Nottinghamshire Air Ambulance in memory of Anton Burdett, whose life was tragically lost on June 3rd, 2024.</p> <p>iii. You can donate to their JustGiving page by clicking here: https://www.justgiving.com/page/canal-walk-for-anton?utm_medium=FR&utm_source=EM</p> <p>Thank you, Jim Male</p>	

d) Practice performance – March 2025.

a. Appointments.

Total time lost though DNAs = 182 hours

Total number of appts = 689

Appointment type	Number of appointments	Time Wasted (Hours)	GP Sessions
GP	222	57	14
Clinic Nurse	107	32	
Bloods	97	13	
Imm & Vacc	51	15	

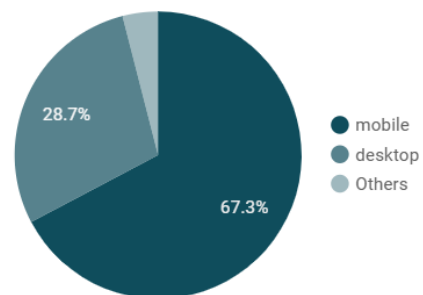
- i. DNA = Did Not Attend
- ii. Checks are still being completed and letters going out via text to those patients who have missed 30 minutes' worth of appointments in the last 3 months focussing on GP and Nurse appointments.
- iii. The members spent some time discussing the issues around DNA's and will discuss this further at a later meeting.

b. Website Activity Report.

Top 3 most popular pages in last 30 days

- Appointments
- Prescriptions
- Managing your health online

What devices people use to contact us.



e) Raj launches Dementia Friendly Café

- a. **On Wednesday, April 16th, from 12 PM to 3 PM, I will proudly open the doors to Timeless Connections Dementia-Friendly Café**, a space designed to provide friendship, guidance, and respite for those living with dementia, their carers, and their families. From this day forward, the café will run every week, offering a warm and welcoming place where no one has to navigate dementia alone.
- b. **This is not just a traditional café; it is a haven where hearts meet, and memories are cultivated. A place where individuals can find understanding, companionship, and support from both professionals and peers who truly care. It is a community built on kindness, where stories are shared, friendships blossom, and laughter resonates.**
- c. **We are incredibly fortunate to have specialist staff from Age UK, Alz Society, VASL, Active Melton, and our local area coordinators joining us over time. They will be on hand to provide expert advice, practical resources, and reassurance to those who need it. In addition, the café will feature monthly events such as live music sessions, games like dominoes and cards, and opportunities for**

reminiscence and engagement, ensuring that every visit brings a sense of joy and belonging.

- d. I would be truly grateful if you could help us share this information with patients, carers, and families who may benefit from attending. Whether through conversations in consultations, posters in waiting areas, or simply passing the word along to those who need it most, your support in raising awareness could make all the difference to someone feeling lost or isolated.
- e. Thank you for all that you do in supporting those affected by dementia. Together, we can ensure that no one in our community faces this journey alone. Thank you.

Raj Chavda
Senior Social Prescriber
Melton Syston Vale PCN

f) **Community News.**

FIBROMYALGIA AND CHRONIC FATIGUE SUPPORT GROUP - MELTON

Struggling with Fibromyalgia, Chronic Fatigue, pain and illness or mental health? Join our group who are a non-judgmental safe space to lighten the load and share ideas on managing conditions. Meetings are on the third Monday of each month at 11.30 to 13.30 and the third Tuesday of each month from 18.00 to 20.00. Harboro Hotel, 49-51 Burton Street, Melton Mowbray, LE13 1AF. Contact Becky on 0755752774 or email chronicallymeltonmowbray@gmail.com.



CHRONIC & MENTAL HEALTH
SUPPORT GROUP
WITH
chronically
MELTON MOWBRAY

STRUGGLING WITH FIBROMYALGIA, CHRONIC FATIGUE, PAIN AND ILLNESS, MENTAL HEALTH?
WE UNDERSTAND AND CARE.
WE MEET IN A NON-JUDGEMENTAL SAFE SPACE, TO SHARE AND LIGHTEN THE LOAD & SHARE IDEAS ON MANAGING CONDITIONS.

HARBORO HOTEL
49-51 BURTON ST MELTON MOWBRAY, LE13 1AF

NEW DATES

Meeting on the 3rd Monday of each month in 2025. 11:30 am - 13:30 pm	Meeting on the 3rd Tuesday of each month in 2025. 18:00 pm - 20:00 pm
January 20th	January 21st
February 17th	February 18th
March 17th	March 18th
April 21st	April 22nd
May 19th	May 20th
June 16th	June 17th

CONTACT BECKY ON 07557527774
OR
CHRONICALLYMELTONMOWBRAY@GMAIL.COM

g) **Digital exclusion**

- a. How can we collaborate to improve access for patients (Learn from system as a starting point).

h) **Local Urgent Care**

- a. Firstly, contact the practice via the triage process, online or at the surgery.
- b. If no appointments are available (for whatever reason) contact 111 who may have appointments available at Melton Hospital.
- c. Make use of the nearest convenient Walk In centre,

AP

Melton Neighbourhood Mental Health Café

Drop in support for when you're struggling to cope

Mondays, 10am - 1pm
Thursdays, 5pm - 8pm

Age UK Leicester Shire & Rutland, Gloucester House,
3 Norman Way, Melton Mowbray, Leicestershire, LE13
1JE

Phone: 0116 223 7362
For up to date times/dates, scan the QR Code



Mental Health

**FREE
COURSES**

Summer Workshops 2025

We offer a range of FREE 2-hour workshops on specific topics which explore ways to improve or maintain your wellbeing.

CODE	COURSE TITLE	VENUE	DATE	DAY	START	END
24LB003P	Positive Wellbeing Goals	Moirs Centre Loughborough	30/4/2025	Wed	6.30pm	8.30pm
24RO004P	Connecting to Nature	Rosburgh Adult Learning Centre	15/5/2025	Thurs	10am	12noon
24SN008P	Introduction to Self-Care	Online	21/5/2025	Wed	6.30pm	8.30pm
24WG003P	Introduction to Mindfulness	Wigston Magna Library	2/6/2025	Mon	10am	12noon
24EN010P	Connecting to Nature	Enderby Adult Learning Centre	4/6/2025	Wed	6.30pm	8.30pm
24MT003P	5 Ways to Wellbeing	Melton Library	9/6/2025	Mon	6.30pm	8.30pm
24MH006P	5 Ways to Wellbeing	Online	17/6/2025	Tues	1pm	3pm

Learning for Confidence and Better Mental Health

Learning for Confidence and Better Mental Health courses (10 session of 2 hours) are FREE courses for adults experiencing or recovering from mental ill health. We offer learning opportunities in friendly, supportive, and safe groups with learning personalised to suit your needs.

Code	VENUE	START DATE	DAY	WEEKS	START	END
24MT002P	Melton Library	28/4/2025	Mon	10	1pm	3pm
24EN005P	Online	20/4/2025	Tues	10	10am	12noon
24WG003P	Wigston Magna Library	29/4/2025	Tues	10	1pm	3pm
24LB002P	Loughborough Library Adult Learning Suite	30/4/2025	Wed	10	10am	12noon
24MH003P	Symington Building Market Harborough	30/4/2025	Wed	10	1pm	3pm
24EN007P	Enderby Adult Learning Centre	1/5/2025	Thurs	10	10am	12noon
24SN005P	Hindkley Library	1/5/2025	Thurs	10	1pm	3pm
24LB010P	Online	1/5/2025	Thurs	10	6.30pm	8.30pm
24SN002P	Coalville Library	2/5/2025	Fri	10	10am	12noon

To enrol or find out more please use the contact details below.

Call FREEphone 0800 988 0308
www.GoLearnLeicestershire.ac.uk /LeicsGoLearn

4. Minutes of the Meeting of 6th March 2025

- a) The minutes of the meeting were accepted.

5. Matters Arising – Action List

- a) 6.a - Practice update - The practice is very good at responding quickly, however the fact that something is happening is not always communicated to the patient - Please send an example to AP – the original action point is no longer relevant - completed.
 - a. However, Improved Communications: AP to use the GP Partner changes as an example of improved comms for patient awareness.
- b) 6.b - Additional Practice updates -Melton Hospital – As there are plans to use the Working Group meeting to focus on the facilities and use of Melton Hospital, it was agreed to close this action point - completed.
- c) 6.c - Matters arising – ICB to talk to members - Get in touch with the ICB and invite them to join a future mtg to discuss / update us on second surgery news, including:
 - a. What will be available to a new site in terms of getting it up and running?
 - b. Why does it take the time it does and when will it be in place?
 - c. Do residents have a choice in the second site location or is this MBC? (Pip makes it sound like location is a council decision?)
 - d. How will LHMP be protected, so we have two fully functioning sites.
 - e. Also, we have questions about Melton Hospital, is this relevant for them or rather what services are they responsible for so we can target pertinent questions appropriately.
- d) 9.j - Secretary's report – Survey - It was agreed to retry the use of Microsoft Teams for our meetings so that we can have a single meeting. In addition, look for a venue where we can have a face to face and a remote meeting,

AP

AP

MK

6. Items for Any Other Business

- a) None.

7.	<p>Chairs Report</p> <p>a) The chair thought that it would be useful for members to hear from two sources.</p> <p>a. Melton Hospital.</p> <p>i. What facilities are available at the hospital.</p> <p>ii. Is it possible to have an organised visit by the PRG.</p> <p>iii. This point has been picked up by the Working Group.</p> <p>b. Integrated Care Board (ICB).</p> <p>i. Second Surgery.</p> <p>ii. This action is covered by Item 5.c in these minutes.</p>	
8.	<p>Secretary's Report</p> <p>a) Nothing to report.</p>	
9.	<p>Any Other Business</p> <p>a) Melton Market Drop In Centre visit report (JHa).</p> <p>a. I did call in at the clinic at the cattle market where I chatted with Heather, a registered nurse, about the initiative, which is delivered through Lincolnshire Rural Stress Network (LRSN) and paid for via Melton Borough Council's allocation from the UK Shared Prosperity Fund.</p> <p>b. The clinic offers free health checks and advice to anyone who calls in (not just farmers), which can include blood pressure, bloods, mental health concerns, minor ailments.</p> <p>Farming Community Network (FCN) also support the clinics and can provide further support with stress / mental health / financial / administrative issues. Obviously, many patients are not registered with Latham House, but it is useful to know what is happening 'on the patch'.</p> <p>c. The clinic also highlights topical health campaigns, in conjunction with the NHS and medical charities e.g. Macmillan Cancer Support.</p> <p>d. Patients are referred back into the NHS as appropriate e.g. high blood pressure, or sugar/cholesterol results (the latter is the most common reason for referral back to NHS).</p> <p>e. They are also guided as to what may happen next – e.g. advised to try and get a week's worth of BP readings to send to GP practice as that is likely what the patient will be asked to do.</p> <p>f. I attach some clever messaging aimed at livestock farmers about self-examination for common cancers, as well as more general health information on the noticeboard.</p>	



10	Date, Time & Location of Next Meeting Next PRG meeting, 3 rd July 2025, 10:30. All meetings are currently ZOOM meetings. • 2025 7 th August – working group 4 th September 2 nd October – working group 6 th November 4 th December – working group	
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